

Centershot[™] is an outreach program of International Ministerial Fellowship

Student Handbook | The Plan

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Your Journey Begins!!

Welcome to Centershot[™] Ministries! I hope and pray that these next few weeks will be a rewarding experience for you. You may be wondering how archery and church go together. Has your youth pastor lost it? Well, maybe – no, just kidding! Just hang on because your journey is just beginning!

The study you are about to begin is called *The Plan*. What does that mean? Well, through this study, hopefully you will understand that God loves you very much and has a plan for how you should live your life. During this study, you'll use *The Salvation Poem* which was written to help you understand and remember God's plan for your life. Basically, the lessons in this study will help you understand who God is, what God wants, and where YOU fit in! And, as if that wasn't cool enough, we're going to learn about archery in the process!

So listen up! We're all going to learn something new in the next few weeks!

The Plan is divided into eight sections, or Flights, that will take you from the very basics of shooting a bow and arrow to a more in-depth critique of your shooting form and performance. Some of you may have been shooting for a long time and see no need for any help. Well, take it from me! I've been shooting for over 20 years and this course has helped me tremendously. And while archery is very important to this study (and there's going to be a lot of shooting!), this handbook was created to help you focus on the many spiritual blessings that God has to offer and the plan God has for your life. Don't worry; I know none of us like homework! Because of that, the lessons are short and to the point without missing the point! Each devotional should take you about 30 minutes. However, I encourage you to study further and be in prayer about what God has in store for you!

Finally, I wish you blessings and will be praying for your success as you undertake this program. I thank God for your effort and I hope that each of you find success in archery and, most importantly, that this study will help you make Christ the target of your life!

Let the journey begin!!!

God Bless,

The Centershot Staff

First Flight



Back to the Basics

Usually when spring rolls around I'm fighting for a chance to get out to the archery range and shoot my bow. I love spring days when it's just chilly enough that you need to wear a sweater but not freezing. Yeah, I live for those days!

I remember on one occasion my father calling me up and asking me if I wanted to go out to the range that weekend. Of course I agreed, even though I knew I hadn't practiced for some time. *I'm sure everything will be fine*, I thought.

We drove out to the range; a course of 30 targets that wound their way through the woods at varying distances. Dad asked me if I needed a few warm up shots. I shrugged saying I was good to go. The first target was about a 35 yard shot, or so I thought! Drawing the bow back, suddenly a thought crept into my mind:

Man, something doesn't seem right!

As I released the arrow I watched it soar clear over the target and into some brush. *Uh oh, I guess it was 27 yards.*

While I didn't miss anymore targets, I really didn't feel very comfortable while shooting that day. I salvaged somewhat of a descent score towards the end but it was much less than stellar. It was time to go back to the basics!

What I should have remembered was that while I had a lot of experience shooting, I still needed to remember the fundamentals to perform well, *to be an effective archer!*

It's the same for tests in school, sports, drama, and music. You must be prepared. And in many of our activities, there are certain fundamentals and basic knowledge that we must have in order to be successful!

Have you ever had a time when you ended up performing poorly because you weren't prepared? List three activities you participate in that requires preparation in order to be successful!

1	
2	
3	

Know the Word

Biblical Truth

I have hidden your word in my heart that I might not sin against you.

- Psalm 119:11

Spiritual Goals

- You should begin to understand the importance of reading God's Word and sharing it with others
- You should understand that the strongest foundation we can build our lives upon is found in God's Word
- You should understand the importance of being obedient in studying, sharing, and practicing God's Word in your everyday life

Practical Goals

- You should understand range safety, whistle commands, and equipment used
- At the end of the lesson, you should understand how to properly make and use the String BowTM
- You should be able to determine your eye dominance and understand the 11 steps to archery success

Suggested Scripture

- Deuteronomy 6:4-9
- Matthew 24:35
- Luke 6:46-49
- John 15:1-17
- 2 Timothy 3:16

Know the Word

Do you have a particular verse in the Bible that you turn to on a regular basis for direction or comfort? If you do, write down the scripture reference along with a couple of sentences describing why it's special to you. If you don't have a favorite verse, pick a verse from page 1-1 and write down what that verse means to you!

Scrip	ture:
Wha to you	t does this Scripture mear 1?



The Bible: Brings Direction

The same is true for our spiritual life. I can't imagine trying to live my life without direction. God has given us that direction, in part, through His Word, the Bible. In chapter 6 of Deuteronomy, Moses spoke to the people of Israel after God delivered the Ten Commandments to them.

Moses says "...these words that I command you today shall be on your heart." The same is true for us today! God wants His Word and commandments to be more than a book of words that we reference in Sunday School or during youth devotionals. Our very lives should be lived as a reflection of what the Bible teaches. In order to do this, we must hide His Word in our hearts(Psalm 119:11).

The Bible: A Strong Foundation

Every word in the Bible is special and should be important to us because it's God's Word but many of us have verses that are especially important to us. It may be because they provide a unique amount of comfort, direction, hope, or encouragement that allows us to go about our day with assurance that God is in control. But there's more! The Bible is also an account of how God has worked in the lives of people in past and a source of our hope that He continues His work in our lives today. Through the Bible we are able to see how God blessed those who were faithful to Him and His commandments. But, the Bible also records Gods discipline over those people who chose to follow their own desires and disobeyed His commands. In short, the entire Bible provides us a foundation by which to live our lives. If we read, study, and put into practice what the Bible teaches, we can better shape our daily lives to fit God's mold rather than our own!

How does this scripture relate to the basics of archery?
How does this verse relate to your spiritual life and "hiding God's Word in your heart?"

Overcoming Obstacles

Your instructor will be taking the time to demonstrate and teach you the basics of shooting a bow. This is not a mindless exercise to pass the time but rather it teaches the basic fundamentals that will enable you to be a more effective archer. If you choose not to listen and instead shoot your own way, you probably won't do as well. The same is true spiritually. As Jesus said, if you build your life on a strong foundation and live your life according to His teachings, when obstacles arise, you won't "collapse". Notice that we said "when obstacles arise." Knowing God's Word doesn't make you immune to trouble; but it allows you to avoid many of life's difficulties and deal with others more effectively. Ultimately, by living according to God's Word, we will have a stronger foundation and clearer direction than the world could ever provide for us. We must KNOW THE WORD!

First Flight Summary

The Bible is the inspired Word of God given to us that we may have a deeper and more meaningful relationship with Him. It is a way for us to gather direction, hope, and understanding for our lives and a way for us to better relate to others what God wants from each of us. We must have a strong foundation in scripture so we can better live out the Word in our lives while also teaching others about the love of God.

Ultimately, by living our lives in accordance to God's Word, we will "bear fruit" in a way that glorifies God and draws others to Him.

11 Steps to Archery Success: 1 2	9 10 11
3 4	List the 4 whistle commands and their meaning:
5	1
6	2
7	3
8	

Know the Word

Read 2 Timothy 3:16 In light of what we've discussed, what responsibility does this place on us?
What confidence does this give you as you are faithful in study- ing the Bible and practicing what it teaches in your daily life?

1st Flight Prayer

Thank you God for giving us your Word through the Bible. Thank you for loving me enough to give me the Bible for direction, hope, and encouragement. Teach me how to study your Word so I might better understand how to live my life and teach others about you. Amen

Notes & Reflections:	

Second Flight



The Perfect Archer

The next day John saw Jesus coming toward him and said, "Look! There is the Lamb of God who takes away the sin of the world!" (John 1:29; NLT)

Sometimes as I'm shooting I kind of drift off into a daydream. It's in that world where every time I draw the bow I have a perfect picture of what I'm aiming at and it seems as if the bull's-eye is as big as a barn. As I release, the arrow flies effortlessly towards the target and hits dead center. It's a great feeling, dreaming of the perfect score. But then reality sets in.

Sure, I hit the 10 ring sometimes. There are moments when I feel near perfect. But generally, right as I'm feeling as if I couldn't miss, I do. Of course, I'm usually quite satisfied with the score, but it's not perfect! Of course, perfection is tough to reach.

We all have activities, whether it be a sport or hobby, that we practice and work at to improve and excel. Your parents have jobs that they work at to become the best in their field and you go to school and work hard for that A! What are three things in your life that you would like to reach perfection?

1.	
2.	
2	
Э.	

Jesus, You died upon a cross

Biblical Truth

The Holy Spirit will come upon you, and the power of the Most High will overshadow you. So the holy one to be born will be called the Son of God.

– Luke 1:35

Spiritual Goals

- You should begin to understand who Jesus is and the purpose for Him in this world
- You should understand that while many did not know Jesus, those closest to Him knew why He had come
- You should understand that Jesus was sent to live a holy and perfect life, and died to reconcile us from our sin

Practical Goals

- You should review the String Bow[™] technique
- You should be able to recite and execute the 11-steps to archery success
- While using a blank target, continue to focus on form and technique

Suggested Scripture

- John 1:1-18; 29; 14:5-7
- Matthew 16:13-19
- Hebrews 4:14-16

The Salvation Poem

Jesus, You died upon a cross And rose again to save the lost Forgive me now of all my sin Come be my Savior, Lord, and Friend Change my life and make it new And help me, Lord, to live for You

Jesus, You died upon a cross

If it meant that you would win gold, would you let the Perfect Archer's score count as yours?

YES No

If you circled YES then you win gold! Congrats! But it wasn't you, it was the Perfect Archer. You still win a gold medal, but it was because you said YES to the Perfect Archer's invitation, not your score!

Read John 14:6-7 and fill in the blanks.

Jesus said "I am the _____, the ____, and the ____.

No one comes to the _____.

except through ____."

What are some reasons why someone may not choose to accept the Perfect Archer's score?

What are some reasons why someone may not choose to accept Christ?

Winning Gold

Some of you may have chosen school, basketball, or even baseball. Maybe you'd like to be able to bat 1000! What if I said you could? What do I mean?

Let's use archery as the example. Suppose I said that for the biggest archery event there is — the Olympics — you could score perfect and win the gold! It wouldn't matter how many of your arrows hit the bull's-eye or even hit the target. In fact, what if every imperfect score you ever received in the past or future were suddenly erased and changed to perfect? Sounds great, right? But there's a catch! The catch is that your score is replaced by another archer's score. But not just any archer!

You wouldn't be the one shooting. Instead, you would have someone take your place: the Perfect Archer. Who's that?

The Perfect Archer

Let's imagine that there is an archer that shot so perfect that we crowned them with the name "The Perfect Archer!" Sound corny? Stick with me!

Imagine that while you could never shoot the perfect score, there is a Perfect Archer that shot the perfect score many years ago and He now invites you to substitute any score that you have ever shot or ever will shoot with His. You may think this is crazy, but God sent His Son Jesus to be that "Perfect Archer" for us in our lives!

No matter what anyone thinks, we're not perfect, let alone me! I mess up all the time. But here's the cool thing. While we were messing up, God didn't just sit up in Heaven shaking His head at us. Instead, he loved us so much that He came down as a human to give us a way out of our sin, when we missed the mark! In Luke 1 we see

that the Holy Spirit came down over the Virgin Mary and she delivered God in the flesh: Jesus! And God didn't stop there! First, Christ lived a perfect and holy life (Hebrews 4) and performed tons of miracles and ministered to the masses! And then, as a way of saving us from our sin, he died on a cross. He sacrificed

Himself for our imperfections. So where does that leave you and I?

The Perfect Score

Those closest to Jesus knew exactly who He was. He wasn't just a teacher or a prophet; He was God; the Messiah! He came to save us from our sins (John 3:16).

You might wonder what I mean when I say "save us from our sins?" Just as the Perfect Archer came to "save us" from an imperfect score, Christ came to save us from our imperfect lives. The Perfect Archer invites us to accept His score as our own. Christ invites us to accept His life and sacrifice as our own. In reality, Christ shot the tournament for our lives 2000 years ago. It's up to us to accept His score!

So that YOU might live eternally with Him, Jesus was willingly beaten, tortured, and murdered on a cross. He came to this Earth and lived a perfect life, one in which is impossible for you and I. For us He was killed. And, all He asks of us is to live for Him. He died for our sins so we could have a way to God, so we could be with Him some day in Heaven.

He shot the perfect score 2000 years ago and now all we have to do is accept that score as our own. To give our lives to Christ is to live eternally with our Creator.

A gold medal would be great to have, but how much greater is it to know that we've been given eternal life through Christ despite our sin, despite shooting an imperfect score. Jesus has already given us the invitation, all we have to do is circle YES!

Second Flight Summary

During this Flight we found that Jesus is God who came to earth to take our place so we might have eternal life. Jesus lived a perfect and holy life and performed many miracles during His ministry and His closest friends and disciples knew that He was no ordinary man.

Finally, we realize that Jesus has given us an open invitation to give our lives to Him so we don't have to live a perfect life.

All we have to do is accept that invitation. Think as John the Baptist did: "Behold the Lamb of God who takes away the sins of the world." (John 1:29)

Jesus, You died upon a cross

Read Matthew 16:13-19
What do the disciples say when Jesus asked them who the people said he was?
Who does Peter say He is?
Briefly describe, in your own words, what you have learned this week. Pray that God will give you opportunity to share this with others!

2nd Flight Prayer

Father, thank you for Your Son. Thank you for showing us what it means to live a perfect existence on this earth. So many times I'm given the opportunity to do the right thing, what you would do, but I mess up. Father I'm not perfect and forgive me when I sin. Thank you for sending your Son to die for my sins. Thank you for giving me the Way, the Truth, and a chance at a real Life. Amen

Notes & Reflections:

Third Flight



The Risen Lord

We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. (Romans 6:6; NLT)

We discussed last time about how Christ was God in the flesh that descended to Earth in order to save us from our sin. Ultimately our salvation was a result of His death on the cross. The story doesn't end there...

...But what if it did?.

Read Luke 23:44-46 How does this make you feel?

Here is a man who ministered to the sick and outcast. His love for mankind was unequalled and here He is murdered for it.

If that were the end, then that would mean that Jesus came to the same fate as many prophets and teachers before Him: death! If that were the end of the story, then all we could really say is that the world isn't fair. But there's much more to this story!

And rose again to save the lost

Biblical Truth

The Son of Man must be delivered into the hands of sinful men, be crucified and on the third day be raised again.

- Luke 24:7

Spiritual Goals

- You should understand why Christ died upon the cross
- You should understand that Jesus is no longer dead but has risen from the dead
- You should understand the importance of the death and resurrection of Christ for your life and spiritual journey

Practical Goals

- You should focus on your overall form and proper mechanics of shooting
- You should focus on your release remembering to "paint" your face and completing the follow-through
- At this point, your instructor will begin to instruct you on how to aim

Suggested Scripture

- Matthew 16:21-23
- Luke 18:31-33; 23:44-46; 24:36-47
- Romans 6:1-4

The Salvation Poem

Jesus, You died upon a cross **And rose again to save the lost** Forgive me now of all my sin Come be my Savior, Lord, and Friend Change my life and make it new And help me, Lord, to live for You



And rose again to save the lost

What does Jesus tell the disciples? What does Peter say? What do you think your response would have been? Why do you think Jesus rebuked Peter so harshly? Read Luke 24:36-47 Do you blame the disciples for being shocked and in disbelief? Briefly describe how you feel after you have read the resurrection story.	Read Matthew 16:21-23
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	for being shocked and in dis- belief? Briefly describe how you feel after you have read

The Truth Be Told!

Christ was trying to tell His disciples that there was going to come a time when He must die. But He also knew that three days following He would be raised from the dead. Peter was obviously shaken by this distressing news. Here is a man that followed Christ for nearly three years; he helped Him in His ministry and witnessed the miracles. He knew that He was the Son of God. Yet He was predicting His death and resurrection.

Christ chastises Peter for His shortsightedness. You see, it was God's plan that Christ would die for our sins – that was the sacrifice. Yet the resurrection proves that Jesus defeated the penalty of our sin: death!

You see, if there was no resurrection, there would be no hope of eternal life. But Christ was raised from the dead. And if we trust Christ and believe in Him, we too will be rewarded with eternal life. Not on our account, but His sacrifice!

In The Flesh!

In Luke 24, the disciples are in Jerusalem and they've just been told that Jesus is alive. Certainly more than one must have been skeptical. But then Christ appears to them out of nowhere! Talk about surprise! Three days prior Jesus was placed in a tomb; no breath, no heartbeat.

Then He's there in the flesh! Before Christ revealed Himself the disciples had very little hope. In fact, their hope died upon the cross with Jesus. But now their hope, courage, and strength were renewed upon evidence of the resurrection.

The disciples' grief was soon turned to joy at the revelation that Christ was no longer dead in the tomb but alive and active in their lives. This should bring hope and joy to us as well, knowing that we have a God that defeated death so that we might gain eternal life. Christ then told His disciples to go and tell the world about God's love and the death and resurrection of Christ! We too are to tell others about God's love so that everyone might believe and gain eternal life (Luke 24:45-47)!



Receiving a Perfect Gift

Last time we talked about the Perfect Archer and what would happen if he were to substitute his perfect score for our imperfect score. Just as the Perfect Archer gave us a perfect score, through Christ's sacrifice, we become perfect in the eyes of God because Jesus took our place on the cross, washing away our sins.

Jesus' death was no accident. He understood that he must suffer and die so that we may have eternal life. And that was his mission on this earth: to come and live a perfect life revealing to man the fullness of God's love, and then finally, die upon the cross to be resurrected three days later. Since Jesus died on the cross, we are no longer lost without purpose and direction. We have been saved by the grace of God – if we choose to accept Christ as our Savior. Just as Christ was raised, we have also been given new life once we receive Christ.

Maybe at this time you have some questions that have come up during this study. Write these down below so that you don't forget and you can ask your instructors their thoughts. As we dig deeper and deeper into God's Word, we find that there is a lifetime's supply of hope and encouragement to help us lead productive and effective Christian lives. Allow your instructors to help you along in that journey by seeking their advice, counsel and prayer!!

Questions?		

Third Flight Summary

Each of us has sin in our lives; we'll talk more about that in the 4th Flight. Because of that sin, we are separated from God. God came to Earth in the flesh as Christ in order to save us from that sin. To do that, Jesus lived a perfect and holy life, was killed upon the cross, but was raised from the dead as the prophets foretold. Because of this sacrifice, if we accept Christ as our personal savior, we are no longer seen by the eyes of God as sinful beings but rather holy and righteous reflections of Christ.

And rose again to save the lost

On the space provided, write The Salvation Poem. As you do, think about each phrase.
Knowing Christ's sacrifice, do those statements now hold
greater meaning to you?
Briefly describe, in your own words, what you have learned this week. Pray that God opens your heart and mind to the fullness of His sacrifice and grace.

3rd Flight Prayer

God, I thank you for the gift of eternal life that I find by entrusting my life in your Son. Father, help me to better appreciate and understand the sacrifice of Jesus so that I can glorify you more fully. Help me to be more humble now that I know the cost of my eternal salvation. Thank you for Your love for me even when I fail you. Amen

Notes & Reflections:	

Fourth Flight



Forgive me now of all my sin

Biblical Truth

For God did not send his Son into the world to condemn the world, but to save the world through him.

- John 3:17

Missing the Mark

...For all have sinned; all fall short of God's glorious standard. Now God in his gracious kindness declares us not guilty. He has done this through Christ Jesus, who has freed us by taking away our sins.... (Romans 3:22-24; NLT)

I've never shot a perfect score, but I came really close once!

I remember that day quite clearly. It was sunny, around 75 degrees; perfect! I ended the first round on a pace to shoot a perfect 300. It seemed like everything was going great! My form was pristine and my arrows were flying straight as an, well, an arrow!

That was until the last few targets. I began getting a little nervous at the thought of breaking 300 - I lost focus. It came down to the final shot. I needed a ten to break three hundred. On that last shot, I let the arrow fly and it hit the seven spot -297. I had missed the mark.

This happens in our lives as well. Instead of focusing on God we focus on ourselves and what we want. Instead of seeking out God's will and His glory we begin accommodating our selfish desires. In order to do this we begin to do things that God has asked us not to do – we sin. In fact, sin literally means "to miss the mark." This sin separates us from God. In order to rebuild that relationship we have to ask God for forgiveness, turn from our sin, and follow Christ!

Spiritual Goals

- You should understand when sin came into the world, why it came, and how it affects you today
- You should understand that while we are sinners, God still loves us despite our sin
- You should understand that regardless of how sinful you were in your past, no one is out of reach of God's forgiveness

Practical Goals

- You should focusing on your form, specifically concentrating on follow-through
- You should understand all the principles of scoring your arrows as you would in a tournament
- You should continue to work on your aiming techniques.
 Work on shooting as small a group as possible

Suggested Scripture

- Genesis 3
- Romans 3:23-24; 5:6-11
- Romans 6:23; 8:38-39

The Salvation Poem

Jesus, You died upon a cross And rose again to save the lost **Forgive me now of all my sin** Come be my Savior, Lord, and Friend Change my life and make it new And help me, Lord, to live for You

Forgive me now of all my sin

Read Chapter 3 in Genesis
What did God say would happen if Adam and Eve ate from the Tree of Knowledge?
What did the serpent say?
What happened after Adam and Eve ate the forbidden fruit?
Pand Pamana 516 11

Read Romans 5:6-11

We're all sinners but Christ has saved us from our sin by dying on the cross so we might have eternal life. Regardless of how good we think we are Christ died for our sins so that we wouldn't have to. He loved us that much! You might say, "what sin have I committed"? Is there sin in your life that you need forgiveness for? Look at the Ten Commandments on the next page and see if there are any that you have failed to uphold at some point.

What is Sin?

Now some of us may say that we are really good people. Why is it that we sin? Well, you may say you are a good person, but you still sin and need forgiveness for that sin. You may ask where that sin comes from. Let's take a look at that!

In Genesis 2 we find that God created Adam and Eve, the first humans, and placed them in the Garden of Eden. There were two trees, the Tree of Life and the Tree of Knowledge. God gave Adam and Eve explicit instructions that they were allowed to eat the fruit from the Tree of Life but not from the Tree of Knowledge. Everything was going good until Satan, in the disguise of a serpent, showed up.

God told Adam and Eve that if they ate from the Tree of Knowledge that they would die. Of course, as is Satan's personality, he chose to deceive the humans using the idea that if they ate the fruit they would be like God. This was too much for the humans to resist. Once they ate the fruit, their eyes were then opened to their nakedness and they were ashamed, something that God never desired. This was the first sin which led to all other sin throughout history!

Sin is still present today as is Satan's constant attempt to use our sinful nature and selfishness to lure us into sin. We either want more money, knowledge, power, fame, and other things that will glorify us rather than God. We lose focus. Of course, non-Christians aren't the only people who sin! If Christians are not constantly focused on Christ and His role in our lives, that sinful nature will creep in and attack our relationship with Christ.

Stay Focused

Sometimes in archery we lose focus as well. We get distracted by our equipment, other shooters, or even the weather. Sometimes we're so focused on the glory of winning that we forget how to win! If we lose focus and do not visualize the target and our form we'll miss the mark. But, in archery, the score you earn is the score you receive. There's no way to earn back those lost points. At the end of the day, if you didn't score enough points, you lose. Fortunately, God has provided us a way in our lives where even if we don't "shoot the perfect score," because of Christ, we can still win the game!

All Have Sinned

God has given us the Ten Commandments so that we might understand better how to follow him and remain holy in His sight. But the truth is, we all have broken God's commandments at some point and need forgiveness through Christ to make us holy.

Maybe you've lied to someone. If so, you broke the 9th commandment. Maybe you've stolen something, like a piece of candy or a pencil from a friend. No matter how small, you still broke the 8th commandment. In any event, we have all sinned and fall short of God's expectations. Because of that, we must rely on God's gift of grace through the death of Jesus Christ, God's only Son, as payment for our many sins. Because Christ died, we don't have to live for eternity without God, but rather in His presence in Heaven. Read what it says in Romans 6:23, "For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord" (NLT).

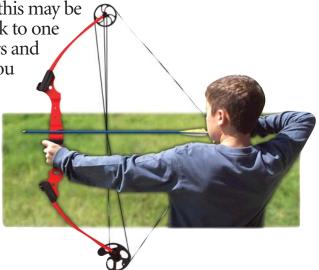
Do you have sin in your life, big or small? Have you asked God's forgiveness? If you haven't, remember, you are not out of reach of God's forgiveness.

Where do you plan on spending eternity?

Fourth Flight Summary

Sin has separated us from God and the limitless blessings that He has for us if we simply believe and have faith in the death and resurrection of Jesus Christ. No one is out of reach of God's forgiveness. Maybe you have sin in your life that you need to be forgiven of. Maybe you are already a Christian but are still in need of

repentance. If so, this may be a good time to talk to one of your instructors and have them help you understand what decision you need to make. Don't wait if God is moving in your life!



Forgive me now of all my sin

The Ten Commandments

1.

Do not worship any other gods besides me

2

Do not make idols of any kind

3.

Do not misuse the name of the LORD your God

4.

Observe the Sabbath day by keeping it holy

5

Honor your father and mother

6.

Do not murder

7.

Do not commit adultery

8.

Do not steal

9.

Do not testify falsely against your neighbor

10.

Do not covet

4th Flight Prayer

God I know that there have been many times in my life that I have "missed the mark." I want to be completely devoted to you and love you but I know that I'm separated from You because of my sin. Father, I ask for Your forgiveness and I seek a deeper and more committed relationship with You through Your Son, Jesus. Amen

Notes & Reflections:

Fifth Flight



Saving Grace

For God so loved the world that he gave his only Son, so that everyone who believes in him will not perish but have eternal life. God did not send his Son into the world to condemn it, but to save it. (John 3:16-17; NLT)

This is where the rubber meets the road, so to speak. That God gave His only Son over to death as payment for the sins of man is mind boggling! It's so amazing that some people just can't believe that God would love us that much! In fact, many times we make the plan of salvation much more difficult than it really is. We begin talking about "how you get to Heaven" and "what we need to do" in order to receive eternal life. Not only that, but sometimes we become so focused on what we're supposed to do "after" we become a Christian that accepting Christ becomes more of a burden than a celebration! This is not to say that the life of a Christian is always easy. We live in a sinful world and the life God wants us to live often runs counter to the life that the world accepts. This can complicate things for Christians on many levels. But the joy and hope that comes from having a relationship with Christ far outweighs the world!

John 3:16-17 says that God sent his Son so that everyone who *believes* could have eternal life, not those who live perfectly! God wants us to accept this gift of salvation. Verse 17 says that Christ did not come to condemn the world but to save it! All we have to do is believe.

Come be my Savior, Lord, and Friend

Biblical Truth

That if you confess with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved.

- Romans 10:9

Spiritual Goals

- You should understand that Jesus is not only the Son of God, but He is God!
- You should understand God came to the earth through Jesus to die for our sins so we could have eternal life
- You should understand that by confessing your sins and believing in the death and resurrection of Christ, you can have eternal life in Heaven with Christ

Practical Goals

- You should continue to refine your shooting form; make each shot count!
- You should begin to increase your distance that you are shooting, adjusting point of aim as you go
- You should learn and understand tournament rules and how an archery tournament is officially conducted

Suggested Scripture

- Matthew 16:13-19
- John 3:16
- Romans 10:9-13

The Salvation Poem

Jesus, You died upon a cross And rose again to save the lost Forgive me now of all my sin **Come be my Savior, Lord, and Friend** Change my life and make it new And help me, Lord, to live for You

Come be my Savior, Lord, and Friend

Read Luke 23:32-43
Did the criminal in verses 40-42 do anything to earn eternal life?
How did that criminal display his faith?
What was Jesus' response?

Read Luke 23:32-43

Jesus asked the disciples to tell Him who the people thought that Jesus was. It is evident that many observed Jesus' teachings and miraculous healings and were convinced that He was a great prophet, and He was! However, many couldn't see the whole picture. When Peter was asked, he replied that Jesus was the "Christ." This term was reserved for those who were anointed by God, but Peter went even further and declared that Iesus was also the Son of God! He saw the whole truth!

When you think of Jesus, do you think of Him as just a great man or as the Son of God?

Grace, a Gift Given Freely

Luke 23 accounts the story of two criminals that were executed on the same hill and time as Jesus. This is probably my favorite record in scripture; a true and powerful display of God's redemption. One of the criminals used his last words to ridicule and taunt Christ. The other criminal, realizing that his sinful ways had led him to the brink of death, decided to acknowledge his own weakness and gave his life to Jesus. With the simple words "remember me" he was able to allow Jesus, and us, to know that he believed that Christ was Lord. Not because of his words, but because he truly believed, Christ forgave the criminal's sins so that he might live eternally in Heaven.

Which of those criminals are you? Are you the criminal that refuses to accept the gracious gift of God so that you can maintain your pride and hold on your life? If so, I'm sorry to tell you that you've been fooled. You never had control of your life because you are in the bondage of sin. It's like refusing your instructor's assistance when they're helping you shoot a bow. Because of your pride you'd rather do things wrong by yourself rather than get it right with help. You would never let the Perfect Archer step in for you because you fear of losing control. We're all like that to some degree. But that won't save your life.

Or, do you want to be like the other criminal, who has recognized that they've done wrong, accepted responsibility for those sins, and seek forgiveness from the only one who can give it – Jesus?

Only then can you be truly free. Only then are you free from the bondage of sin. Does that mean that you will never sin again? Of course not! But because of Christ you have a way out. Every sin that you've ever committed or will commit has been erased by the blood of Christ.

Matthew 16:13-19 tells us that Jesus is the Son of God. When Jesus asks who Peter thinks He is, Peter declares, "You are the Messiah, the Son of the living God." The disciples knew who Christ was and devoted their lives to Him.

Will you do that?

Accepting Christ!

When I was 12 years old, my family and I went to church with my grandparents. It was a special service that included drama and lots of music. It was fun! There were skits describing people that had accepted Christ and what happened to them once they died. It was cool because they got to be with Jesus and they were so happy. But there were also stories of people that died without having a relationship with Christ. A guy dressed as Satan came out of this pit that was all smoky and pulled them down into Hell. And then it hit me, I wasn't saved! *That could be me!*

After the service, the pastor came forward and asked if anyone would like to make a decision to give their life to Christ. I had made up my mind. My hand shot up like someone was yanking it from the rafters. I prayed along with everyone else that had raised their hands to accept Christ that night. After that, things were different.

Now, I'm not going to tell you that everything in my life was perfect and I went to church every week and read my Bible like a preacher. But I slowly became aware of Christ's presence in my life. Eventually I did start going to church regularly. I began reading my Bible and asking questions. I decided that I was going to put Christ first. Did that always happen? Well, no. But I could tell a difference in decisions that I made and things that I said. The Holy Spirit was there guiding me; helping me along. Even now that I'm an adult, my goal is to glorify God in some way each day.

Have you accepted Christ? If not but you would like to, you should follow the instructions in the box to the right.

Fifth Flight Summary

We've learned in the past five Flights that we are all sinners and fall short of the glory of God and that we are all in need of forgiveness. God sent His Son to die on the cross to save us from our sin. In order to be saved, and live eternally with God in Heaven, we must pray to receive Christ as our Savior. If we do, we will be in a right relationship with God and will have eternal life. If not, we will be eternally separated from God in Hell.

Come be my Savior, Lord, and Friend

Read Romans 10:9-13

Here we find if you believe that Christ truly is the Son of God and that He died for your sins; that if you ask for forgiveness of your sin – you will be saved! It's not magic, it's grace! It's not a formula but rather the power of redemption and reconciliation at work in our lives. Are you wondering if this is real? In John 1:12 it says, "But to all who believed him and accepted him, he gave the right to become children of God." The only question is "Do you believe?" Ask yourself these three questions:

- 1. Am I a sinner? If so, you must admit that you are and ask for forgiveness.
- 2. Do you believe that Jesus is the Son of God and died to pay for your sins?
- 3. Do you wish for Jesus to forgive you for your sins and become the Lord of your life?

If you answered yes to these three questions, pray the Salvation Poem at the beginning of the 5th Flight quietly to yourself or with one of your instructors.

Did you pray to receive Christ as your Savior? If so, inform your instructors so they can keep a record of your decision and continue to guide and pray for you in your spiritual journey. This is the most important decision you'll ever make. Now you can look forward to a lifetime and eternity with Christ!

Notes & Reflections:	

Sixth Flight



A New Start

And I am convinced that nothing can ever separate us from his love. Death can't, and life can't. The angels can't, and the demons can't. Our fears for today, our worries about tomorrow, and even the powers of hell can't keep God's love away. Whether we are high above the sky or in the deepest ocean, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord. (Romans 8:38-39; NLT)

I would hate for people to see me on my worst day. It's not pretty. As Christians we should be outspoken about our faith. We should be willing to share our love for Christ to the world without fear. But, maybe more important than the words we speak are the actions that reflect those words.

What good is it to tell someone that you follow Christ but with every move you make you undermine that commitment with sin? Our words and witness are only as powerful as the way we live the Word out in our own lives!

Is there sin in your life that causes you to be a less effective Christian? Even though you may be saved, you can still sin. List a few things that may hinder you from being the best Christian role model:

1.	
2.	
3	
J.	

Change my life and make it new

Biblical Truth

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

- Romans 8:28

Spiritual Goals

- You should understand God saves you by His grace because of your faith in His Son
- Once saved, you should no longer live as a sinner but righteous as Christ was righteous
- You should understand that because of Christ who lives in us, we are more than conquerors

Practical Goals

- You should continue to focus on your form. Pay special attention to shot set-up!
- As you consistently group your arrows in the 9 and 10 ring, begin to increase distance until your group widens outside the yellow rings
- Once you feel comfortable, ask if your instructors will allow you to help students who may be having trouble!

Suggested Scripture

- Romans 3:21-26
- Romans 8:1-4
- Romans 8:38-39

The Salvation Poem

Jesus, You died upon a cross And rose again to save the lost Forgive me now of all my sin Come be my Savior, Lord, and Friend Change my life and make it new And help me, Lord, to live for You

Change my life and make it new

sin?			
choo and With a Ch	se to igno continue r that in m	ympic arc ore the pro missing th nind, how al with the	blem e mark? should
		al with the	e sin in

Read Romans 3:21-26

Paul explains in this passage that because of Jesus' sacrifice on the cross for our sins, we have been made righteous. Another way of looking at it is that when we accept Christ as our Savior, His death paid the penalty for our sins and God has declared us "not guilty!" If God has declared you righteous, then you should live as a righteous person should, like Christ!

This places an added responsibility upon believers to live as though they have been set free from their sin, because they have! They should live for Christ everyday in response to His grace, not as sinners who remain guilty!

Being a Christian doesn't mean you will be able to avoid all sin outright. It's difficult but the closer relationship that we have with Christ, the easier it will become.

To get started on this journey of spiritual growth we're going to look at two aspects of the Christian life. The first one, the Christian Identity, will be covered in this Flight. The second aspect, living out your Christian Identity, will be covered in the 7th Flight.

The Christian Identity

An Olympic archer must go through years of practice, refinement, and mental preparation. However, they all started from square one, with no experience. There was a learning curve with many low scores and bent arrows. So, if you miss the target, don't fret! Somewhere there is a gold medalist that started out the same way. And, just like Christians are not born Christians, Olympians are not born Olympians. Only after years of determination, hard work, and lots of experience do they reach that goal.

Now, if someone were to ask you if an Olympian were a great shot, you might say that was an understatement. You might even say that they were as close to perfect as you can get for an archer. That wouldn't be too far off! But, what if they made a bad shot? What if they made a series of bad shots? Would you say they were a poor archer? Of course not, they just lost focus and missed the mark. Even after they retire from archery, people still identify them as an Olympian!

Once we've accepted Christ, we are no longer the same person. Before our salvation experience, we were sinners, that was our identity. However, when Christ entered our lives, we were not merely changed persons but rather new creations!

Of course, there is no physical change but spiritually we have been made new by the redemptive power of Christ. Does this mean we no longer sin? No, we still sin. But now our sin is covered by Christ's righteousness and grace. Once we have accepted Christ we are Christians, and that is our new identity!

Not Guilty!

Because of Jesus dying upon the cross, He has paid the price for our sins. In other words, we have been declared "not guilty" despite our sin. However, it's important to realize that it had nothing to do with us but was completely due to God's grace. So what does this mean for us?

Many Christians don't live as though they identify themselves as Christians. While Christians still sin, we should live our lives in accordance to how Christ lived while on earth and deal with sin when it enters our lives. Some people choose to live there lives as if nothing has changed and they completely ignore the sin that hurts their Christian witness. They accept sin as if there is nothing that can be done about it. But that's not true! Romans 8:37 says we are "more than conquerors" because of Christ. Because of His death our sins have been erased from our record. Because of the resurrection we have the hope of eternal life and God's continual activity in our daily lives. To say that there is nothing we can do about sin in our lives is to undermine the entire purpose of Christ dying upon the cross. We have Jesus who defeated sin on the cross. We ourselves cannot defeat it, but through Christ we can!

Let us not identify ourselves as sinners but as Christians who have been freed from the bondage of sin. During the next Flight, we begin to understand what it means to live out our Christian Identity in a way that glorifies God!

Sixth Flight Summary

Just like the Olympic archer is still an Olympian despite an occasional bad shot, we who have accepted Jesus as our Savior are no longer sinners but rather Christians. It's important that we identify and think of ourselves in this way so that we may better understand Christ's sacrifice and live in a righteous manner that brings glory to God. To fully understand our Christian identity, we need to know that we did nothing to warrant God's grace but rather it was Jesus dying on the cross that paid the penalty for our sins. Knowing this allows us to be fully appreciative for what Jesus did for us. Now that we know that we are Christians, we must now begin to live like Christ!

We are new creations!!

Change my life and make it new

Read Romans 8:1-4
In your own words, briefly summarize what Paul is telling us in this verse.
Briefly describe, in your own words, what you have learned this week. Pray that God would teach you to fully understand what it means to have an identity in Christ!

6th Flight Prayer

Father God, thank You for giving your Son so that I might know what it means to be a Christian and to live as Christ did. Reveal to me in new ways each day of how I can better identify myself with You. Help me conqueror any sin in my life that I might be a better witness for You and Your glory. Help me to identify myself with other Christians so that we might fellowship and work together to further Your Kingdom. Amen

Notes & Reflections:	

Seventh Flight



Living the Life God Intended

Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. We are living now by the Holy Spirit, let us follow the Holy Spirit's leading in every part of our lives. (Galatians 5:24-25; NLT)

Some may think that once you are a world class archer the fundamental mechanics and shots are easy. The truth is that every shot is calculated and executed with absolute awareness of all basics. Some of those fundamentals become easier to reproduce; muscle memory aids the archer's success. But, the mental game is still present and the archer must perform. But what keeps that archer so well prepared and motivated to practice?

Some might say that the sole purpose is to win the prize, and that is important in archery. But I would guess the greatest reason archers work so hard is because they love the sport. They love participating and they enjoy getting others involved as well so they can find the same success. The same could be said about Christians.

People who have been Christians for many years still find challenges in their daily lives that test their relationship with Christ. But because of their commitment to daily rediscover the Word and building their relationship through prayer, meditation and fellowship with like-minded believers, they are able to better deal with those challenges. And like an archer, Christians also want to share the joy they have found in Christ with others.

And help me, Lord, to live for You

Biblical Truth

Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit

- Matthew 28:19

Spiritual Goals

- You should understand the need for discipleship and witnessing
- You should understand and demonstrate the fruits of the Spirit as you go through your daily life
- You should endeavor to continue to build a lifelong relationship with God through worship, prayer, and reading His Word

Practical Goals

- You should be able to recite the Salvation Poem from memory as a way of witnessing to the lost
- You should be able to recite the Biblical Truths from memory and be able to share the meaning of each of those verses

Suggested Scripture

- Matthew 28:16-20
- James 4:7-10; 5:13-16
- 1 Corinthians 12:7-13
- Galatians 5:22-26

The Salvation Poem

Jesus, You died upon a cross And rose again to save the lost Forgive me now of all my sin Come be my Savior, Lord, and Friend Change my life and make it new **And help me, Lord, to live for You**

And help me, Lord, to live for You

Do you have anyone in your life that you would say is an example of an effective and model Christian? What aspects of their life make them good Christian role models?
Read Galatians 5:19-23
Which of the "fruits of the Spirit" come easy for you? Which ones do you struggle with?
Easy:
Difficult:
Read 1 Corinthians 12:7-13
Each of us has gifts that enable us to work in the Kingdom more effectively. Has God revealed the gifts he has given to you? Not just spiritual gifts, like preaching and prayer but "everyday gifts" like art or music.

List some of your giftedness

others about Jesus:

below that you could use to tell

Fruitful Character

Many of us have people in our lives that continually and consistently live a life that exemplifies their Christian values and glorifies God. Much of their character is demonstrated by how they interact with others and how they handle difficult situations that arise in their lives.

On the archery range, you might see someone with the most expensive equipment, with all the gadgets that would make someone believe that they are a fantastic and accomplished archery. However, the only way that you could possibly know that they are successful is by actually witnessing their performance; seeing whether or not they can hit the mark or if all that fancy equipment is substituting for poor mechanics and form.

The same is true in our Christian lives. Going to church, singing the songs, and blessing the Sunday meal are important but if you can't live in a manner that honors God the other six days of the week then it's all for show! The way we live our lives is a response to the saving grace that God has blessed us with and a fulfillment of His commandments. Sometimes this is difficult but the Bible gives us some clues in **Galatians 5** on how we should model our lives so that our Christian Identity will shine through.

When we allow Christ through the Holy Spirit to control our lives, when our focus in on Him, we will deal with others in a way that reflects the joy, peace, grace, and mercy that God showered upon us!

The Gifts of God

You might ask, "Isn't there more to being a Christian than just being nice to one another?" Yes, of course there is. And God has given each of us gifts, spiritual and everyday gifts, that enable us to help others, evangelize, and basically be the "hands and feet" of Christ. Each of us has specific gifts that help us do God's work. Where we may be strong in one area, we might be weak in another. That's why it's important to have a body of believers to work together to accomplish God's work.

The Mission

There are many ways that God wants us to use our gifts to help others but there is one very important job that we all have.

God wants everyone to come to a saving relationship with Him. In order to do that, He has chosen us, the Church, to spread His word. Just like the archer's love for the sport leads them to teach others, our love for God should lead us to tell others about Him. The Biblical Truth for this Flight sums that up

Our job – our mission – is to spread the Word of God so that others may come to know Him as their Savior. In the process, we must live our lives in accordance to His will and glorify God in each day that we live. How do we do this to the best of our abilities? Here are three helpful hints:

- 1. *Be in the Word daily.* Find a good time each day where you won't be distracted and dive into the scripture. Don't speed read for "distance". It's not how much you read but what you get out of that time that counts.
- 2. "Pray without ceasing." Keep in mind that by praying to God both in need and in thanksgiving we are appropriately inviting Him to be active in our lives.
- 3. *Get active in church.* By worshipping as a community of believers we both strengthen the body and our own spiritual lives. Don't just attend church but find ways to actively engage yourself in God's work through the church.

These three suggestions will make it easier to follow Christ each day and to live a life that honors God and draws others to Him!

Seventh Flight Summary

We are made as a body of believers to work together for God's glory and to spread His Word. We do this in part by how we deal with others and by how we use our giftedness to tell others about Christ. We are to spread the Gospel to the ends of the earth and by getting involved in church, prayer, and reading God's Word daily we can better equip ourselves to live the life that God has called us to and that Christ died for!

And help me, Lord, to live for You

Read Mattnew 28:18-20
Do you have people in your life that do not have a relationship with Christ? Make a short list to keep and pray over:
Briefly describe, in your own words, what you have learned this week. Pray that God would teach you how to live a life that is a reflection of His Son, Jesus.

7th Flight Prayer

Dear Lord, thank you for being active in my life. Thank you for loving me enough that you would bless me with the gifts that can reach others for Your Kingdom. Help me to better understand what gifts You have given me and how to use them more effectively within the body of believers to reach the world for You. Father, please guide me and show me those You wish for me to witness to and reveal the love of Christ. Amen

Notes & Reflections:	





A Heavenly Reward



See, I am coming soon, and my reward is with me, to repay all according to their deeds. I am the Alpha and the Omega, the First and the Last, the Beginning and the End. (Rev. 22:12-13; NLT)

Congratulations!!! You have successfully completed

CentershotSM Ministries first volume of curriculum called

The Plan.

During this final Flight you will be completing your course and may even participate in a tournament of some type. I want to leave you with this thought:

When you wake up each morning, ask yourself, "How can I glorify God today?" Pray that God would show you where He is working so you might join Him there. Ask God to help you to use your giftedness to be the most effective Christian possible.

I hope you have learned enough about the sport of archery that you will able to succeed in the future. I hope that you love it as much as I do and it brings you the same joy as it has me. But mostly I hope you have been able to renew or develop a deeper relationship with Christ. God has given us a promise that He will be with us until the end.

Let's make sure the world is aware of that same promise! God Bless and good Luck!!

Forget the Past, Live the Future

Biblical Truth

Blessed are those who wash their robes, that they may have the right to the tree of life and may go through the gates into the city.

- Revelation 22:14

Spiritual Goals

- You should understand who Christ is and His purpose for living on earth
- You should understand the glory received in this life is far outweighed by the eternity that God has in store for you
- You should continually seek ways to build upon what you've learned in this course, to deepen your relationship with the Lord Jesus Christ!

Practical Goals

- You should be able to consistently and accurately display appropriate form and mechanics that will lead to future success in archery
- Whether you ever shoot a perfect score or not, you now have a life skill that you can use to reach others for Christ. That's the ultimate goal!

Suggested Scripture

 Review all Biblical Truths and commit them to memory.
 Always remember that whatever needs to be said in order to lead someone to Christ has already been said perfectly in scripture! It has all the answers!

The Salvation Poem

Jesus, You died upon a cross And rose again to save the lost Forgive me now of all my sin Come be my Savior, Lord, and Friend Change my life and make it new And help me, Lord, to live for You



Forget the Past, Live the Future

Decisions Did you make a decision to accept Christ or rededicate your life to Christ during the course of this program? If so, please list that here for your instructor and your own personal reference.: **Praise and Prayer List** This is a list of praises and prayer concerns that you can keep to pray over:

Are You on Target?

On these final two pages you can write down the Salvation Poem and Biblical Truths from memory as a way of committing them to your over all knowledge and toolkit for witnessing.

The Salvation Poem		
Biblical Truth 1		
Biblical Truth 2		
Biblical Truth 3 💭		
Riblical Truth 4		
Biblical Truth 4		
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Biblical Truth 5		
Biblical Truth 6		
Biblical Truth 7 .		
Biblical Truth 8		



Whistle Commands

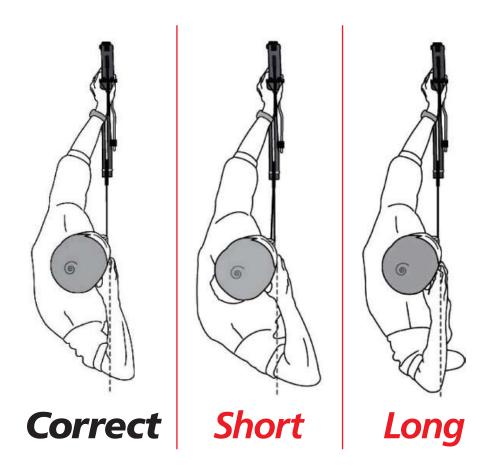


"And this is love for God: to obey His commands.

And His commands are not burdensome"



Draw Length



"And I, when I am lifted up from the earth, will draw all men to Myself."

- John 12:32



11 Steps to Archery Success

- Stance
- Nock
- Oraw Hand Set
- Bow Hand Set
- 6 Pre-Draw
- 6 Draw
- Anchor
- Aim
- Shot Set-Up
- Release
- **Through & Reflect**

"For to this you have been called, because Christ also suffered for you, leaving you an example, so that you might follow in His steps." - 1 Peter 2:21



Archery Games

International Team Round

This game requires the use of a standard 10-Ring scoring target and groups archers into equal teams (3 or more per team). Have each team stand in a row behind the waiting line until the whistle is blown. One at a time, an archer from each team goes up to the shooting line to shoot 3 arrows. When finished, each return to the waiting line to let the next archer from their team go shoot. Limit the shooting time to 3 minutes each, and let the archers shoot and score three times. The top combined score wins.

"V" Shoot

Draw two converging lines in the shape of a large "V" on a large sheet of paper. The student shooting closest to the bottom of the "V", without going outside, wins. Knockout basis.

The Match Game

This activity is great for pairing novice archers with experienced archers. First, the novice archer shoots 5 arrows, anywhere on target. Next, the experienced archer has to match the scores hit by the novice archer. For example, the novice archer may score 1, 3, 6, 9, and 10. The advanced archer must get the same: 1, 3, 6, 9, and 10. Teams compete on a knockout basis.

Treasure hunt

Draw identical maps of some treasure islands on a large piece of butcher paper. Pin one map on each target. Select one island and tell students they have to shoot for that island. Students shoot one arrow each in teams of four or five.

The archer nearest the island wins.

Balloon 1

Have archers blow up various sizes of balloons. Using thumbtacks, tack the balloons by their base onto the center of the targets. If doing this outside, you can have archers add candy or other treats inside the balloons. You may also place one balloon inside another and blow them both up to different sizes. Archers then try to pop first the outside balloon, then the inside balloon.

Red & White

Take a large piece of plain newsprint paper large enough to cover your target. Draw a grid with 3" squares on the newsprint. Paste 3" squares of red poster paper onto every other grid space to form a large chessboard. Archers shoot in two teams using 10 arrows with a different color for each team. Team one shoots at the white squares. Team 2 shoots at the red squares. Count up the total number of correct "hits" per team to determine the winning team.

Hanging Prize

Use strips of paper and tape one piece of candy at the end of each strip of paper. Pin other end of paper to the target. The goal is for students to shoot at the paper. After enough holes are made the treat will fall and the person who was the last to shoot gets the treat. You may want to give the paper some tears to start with.

Tic-Tac-Toe

Take a sheet of paper about 3 feet (1 meter) square and draw a Tic-Tac-Toe design using a large marking pen. Pin the paper onto the target. Archers shoot three arrows and try to get three in a row. Score three points for each. Archers can also play against each other head to head. Shoot close to the target: 3-5 yards or meters, depending on student ability.

Wand Shoot

Place a long strip of masking tape vertically on the target mat. Archers aim at the tape and get one point for every hit.



The Salvation Poem

Jesus, You died upon a cross

And rose again to save the lost

Forgive me now of all my sin

Come be my Saviour, Lord, and Friend

Change my life and make it new

- Romans 5:8

- John 3:16

- 1 John 1:9

- Romans 10:9

- Colossians 5:17

- Colossians 2:6

I prayed **The Salvation Poem** prayer and have decided to make Jesus Christ the Lord and Saviour of my life.

I accepted Christ:		
	Date	
Archer's signature		

What next? Contact: www.centershotministries.org or: www.thesalvationpoem.com



The Salvation Poem

Jesus, You died upon a cross
And rose again to save the lost
Forgive me now of all my sin
Come be my Savior,
Lord, and Friend
Change my life and make it new
And help me, Lord, to live for You

